

Sydney Dance Company Open Day

Saturday 24 June Wharf Studios Walsh Bay

Experience the joy of dance harbourside at Sydney Dance Company's Open Day on Saturday 24 June.

Complete with free classes, Company rehearsal viewings, Pre-Professional Year workshops, huge discounts, giveaways and <u>LG Signature</u> prizes, Sydney Dance Company's Open Day is an unmissable experience for any dance lover.

Free taster sessions will run throughout the day with some of the industry's best dance teachers.

Open Day timetable can be viewed <u>here</u>. Sign-up to secure a place.

Open Day imagery can be viewed here.

Free, beginner-friendly In-Studio and On-Demand sessions include:

- Ballet
- Ballet Barre Express
- Contemporary
- Jazz
- Tap
- Hip Hop
- Advanced Pilates

Visitors will have the opportunity step behind the curtain and witness a free viewing of Sydney Dance Company's ensemble rehearsing with Artistic Director **Rafael Bonachela** for his upcoming world premiere <u>Up Close: Somos</u>. Meaning "we are" in Spanish, this new work will feature a cascade of intimate solos, duets and trios with a distinct Latin flavour. Audiences will share an intimate, behind-the-scenes rehearsal experience as Rafael reveals his creative process.

For those wishing to build strength and target challenging areas, expert Pilates instructor **Sareena Barnes** is offering free 10-minute postural assessments in our state-of-the-art Conditioning Studio.

Enjoy a free 15-minute tour of the Conditioning Studios to learn more about Pilates at Sydney Dance Company with Conditioning Studio Manager **Felicity McGee**. As a trained Pilates instructor and former professional ballerina, Felicity and her team work directly with Sydney Dance Company's professional ensemble, Pre-Professional Year dancers and now, the general public.







Aspiring professional dancers can get a feel for Sydney Dance Company's esteemed Pre-Professional Year program with insights from Head of Training Linda **Gamblin** in a special Q&A. Participants can delve deeper into their contemporary practice with a free Improvisation Workshop taken by Pre-Professional Year Course Coordinator Tobiah Booth-Remmers and choreographer Omer Backley-Astrachan.

There will also be discounts and giveaways on the day, with exclusive savings available on tickets, memberships, flexipacks, short courses, Pilates and merchandise.

"Open Day is such a fantastic moment for members of our community – new and longstanding – to celebrate dance together. It's such a special, fun-filled day that gives visitors the rare opportunity to explore each part of Sydney Dance Company." Sydney Dance Company Classes Manager Ramon Doringo

ABOUT SYDNEY DANCE COMPANY

Sydney Dance Company is Australia's leading contemporary dance company, presenting new works in Sydney, around Australia and internationally, under the Artistic Direction of Rafael Bonachela. Since 1985 the Company has been resident in purpose-bult and recently refurbished studios at Wharf 4/5 in Sydney's Walsh Bay Arts Precinct. Its studios house the largest public in-studio dance classes program in Australia. A legendary force in contemporary dance, Sydney Dance Company celebrated its 50th year in 2019. More information www.sydneydancecompany.com

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